



## STATE AND LOCAL RESOURCES FOR NH TENANTS DURING COVID-19

### Unemployment:

<https://www.nhes.nh.gov> or 603-271-7700.

### Public Health and Support:

NH Department of Health and Human Services (DHHS) assistance with medical, child care, nutrition and community services.

<https://nheasy.nh.gov> or 1-844-275-3447.

### 211

211 is NH statewide, comprehensive, information and referral service. No cost to be connected to trained Information and Referral Specialists. 211 NH is available 365 days a year 24 hours a day. Calls are confidential and Multilingual assistance is available.

[www.211nh.org](http://www.211nh.org) or dial 211 from any New Hampshire phone number

### NH COVID-19 Website:

New Hampshire department of Health and Human Services has set up a page to keep citizens up to date on COVID-19,

<https://www.nh.gov/covid19/>

### NH Food Bank:

For information on food assistance <https://www.nhfoodbank.org> or (603)669-9725 x1147 to get assistance with SNAP/Food Stamps Assistance.

### Utilities

Utility companies are assisting customers with financial programs, including payment plans

## **United Way**

Greater Manchester Area <http://www.graniteuw.org/> or 603-625-6939

Greater Nashua Area <https://unitedwaynashua.org/> or 603-882-4011

Greater Seacoast Area <http://www.uwgs.org/or 603-436-5554>

Monadnock: <http://www.muw.org> or 603-352-4209

Sullivan County: <http://www.scunitedway.org> or 603-543-0121

## **Community Services**

Community Action Partnership of Strafford County <https://www.straffordcap.org> or 603-435-2500

SNHS – The Community Action Partnership of Hillsborough and Rockingham Counties  
<https://www.snhs.org> or

- MANCHESTER PINE STREET OFFICE 603-668-8010
- MANCHESTER SILVER STREET OFFICE 603-647-4470
- NASHUA OFFICE 603-889-3440
- HILLSBOROUGH OFFICE 603-464-5835
- MILFORD OFFICE 603-924-2243
- PETERBOROUGH OFFICE 603-924-2243
- DERRY RESOURCE CENTER 603-965-3029
- PORTSMOUTH RESOURCE OFFICE 603-431-2911
- RAYMOND RESOURCE OFFICE 603-895-2303
- SALEM RESOURCE CENTER 603-893-9172
- SEABROOK RESOURCE CENTER 603-474-3507

Southwestern Community Services <http://www.scshehelps.org> or  
Claremont: 603-542-9528; Keene: 603-352-7512

Community Action Partnership of Belknap and Merrimack Counties <https://www.bm-cap.org> or  
603-225-3295

Tri-County Community Action Partnership – Coos, Carroll and Grafton Counties  
<https://www.tccap.org> or 603-752-7001